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G.L. Moore Tire Co,
Gailey's Breakfast Café
Heroes Coffee

THE COURSE

The Run: Challenging Hills of Highland Springs Country Club. It's a Ridge Runner Sports Marked Course. Runners start at the Hall of Fame & run in the beautiful, hilly Highland Springs area & finish back at the Missouri Sports Hall of Fame.

THE AWARDS

Great prize package for winners

Age Group Awards-Top Three
14 and Under, 15-19, 20-29, 30-39,
40-49, 50-59, 60-69, 70 or Older

Overall M/F 10K

Overall M/F 5K

Overall M/F 1 Mile Walk & Run

**Race Benefiting
Your Downtown YMCA &
Roy Blunt YMCA of Bolivar**

All participants 12 and older will receive a performance dry-wick Runners T-shirt. Shirts Sponsored by G.L. Moore Tire Co, Gailey's Breakfast Café, Heroes Coffee & Subway. All participants age 11 and under will receive a fun youth T-shirt



**Y not
RUN**

**Saturday,
Aug. 7, 2010
at 7:00 am.**

MISSOURI SPORTS HALL OF FAME

5K & 10K RUN

FAMILY 1-MILE WALK & FUN RUN

REGISTRATION & ENTRY FEE

\$20 Pre-Registration (Deadline 8/6/2010) \$25 Day of Race

Packet Pickup & Registration:

3:00 pm – 7:00 pm at Hall of Fame Friday, Aug. 6th.

6:00 am – 6:45 am Race Day, Saturday, Aug. 7th.

1-Mile Walk & Run FAMILY SPECIAL - Pre Registration

Pre-Registration Family Members participating in 1 Mile Walk/Run \$40 (3 or more family members).

1-Mile Walk & Run FAMILY SPECIAL - Day of Race

Race Day Family Members participating in 1 Mile Walk/Run

\$45 (3 or more family members).

Register online at active.com or orymca.org

RACE DIRECTOR

For More Information Contact Mary Kromrey by email or phone

mkromrey@yourdowntownymca.org 417-862-7456 orymca.org, active.com

All race entries are non-refundable.

Entry Form On Back



Ozarks Regional YMCA

We build strong kids, strong families, strong communities.

orymca.org



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 Subway



**Saturday,
 Aug. 7, 2010
 at 7:00 am.**



Official Entry Form

2010 Price Cutter Charity YMCA Y NOT RUN

Saturday, Aug 7th, 2010 at Missouri Sports Hall of Fame (1 Mile Run/Walk ~ 5k ~ 10k)

Non-Refundable Entry Fee ● \$20 per person ● \$25 per person on race day

1 Mile Walk/Run for Fun Family Special ● \$40 Pre-Registration ● \$45 on race day

FIRST NAME _____ LAST NAME _____

(Please Print)

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ GENDER _____ AGE _____

EMAIL _____

SHIRT SIZE Adult Size: S M L XL XXL EVENT _____ 1 mile walk & run _____ 5k _____ 10k

(Circle One) Youth Size: S M L

Please mail signed form & check or cash to the Downtown YMCA, 417 S. Jefferson – Springfield, MO 65806

Make Check Payable to: Ozarks Regional YMCA

WAIVER : In consideration of your accepting my entry, I, intending to be legally bound hereby, for myself, my heirs, executors, administrators, assignees or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, and any of their agents, employees, or anyone acting for or on their behalf from any and all claims or liability for death personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grant full permission to sponsors and or agents authorized by them to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose. Applicants for minor accepted only with a parent or guardian signature.

SIGNATURE _____ DATE _____

Parent MUST sign if entrant is under 18 years of age!